

# PERSONA<sup>®</sup>

## Online Social-Emotional Learning platform for young people

The Persona Life Skills online learning platform is a personality insights approach to Social-Emotional Learning, for young people age 11-19. Boost your wellbeing, academic success and college/career readiness with 22 skills for life.



[www.persona-life.com](http://www.persona-life.com)



Develop social-emotional life skills



Boost social, learning and work wellbeing



Build employability and workplace readiness

**PERSONA<sup>®</sup>**  
LIFE SKILLS



## Persona Life Skills helps you navigate your life journey

By understanding your unique mix of personality styles – and that of others – you can adapt how you think, communicate and behave, to achieve the best outcome in social, learning and work life challenges.

In Persona Life Skills you will learn to develop 22 Life Skills across six Skillsets, boosting your wellbeing, success in learning and future employability.



1. Being Realistic



2. Communication



3. Open-mindedness



4. Problem Solving



5. Resilience



6. Self-control

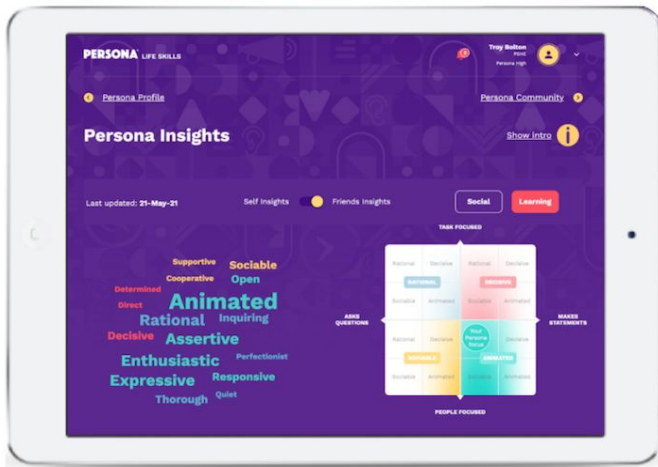
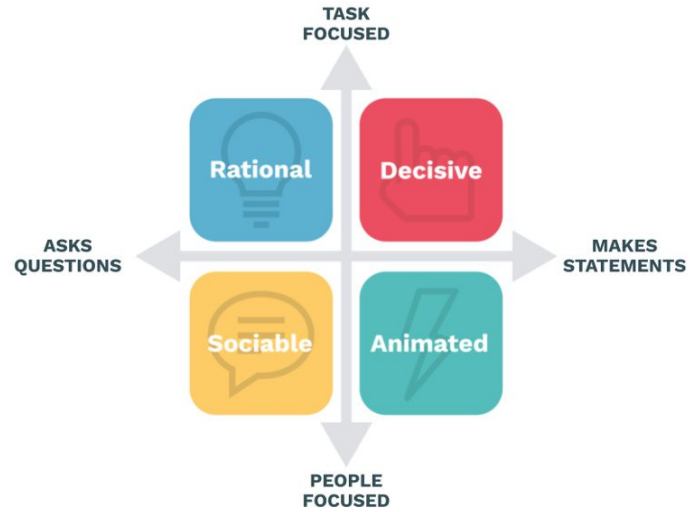
# PERSONA®

## Self/Friends personality insights

The 'Self/Friends' personality insights framework at its heart makes Persona Life Skills unique. Practical and memorable, it was designed specially for young people.

Answer the Persona Insights quiz to discover your Self insights. Invite friends to answer the quiz about you, to compare how you see yourself and how other people view you.

You will receive personalised tips on growth areas to work on, and what to watch out for.



## Over 80 learning modules

### Social

- Know Yourself
- The Unexpected
- Social Media Chat *...and more*

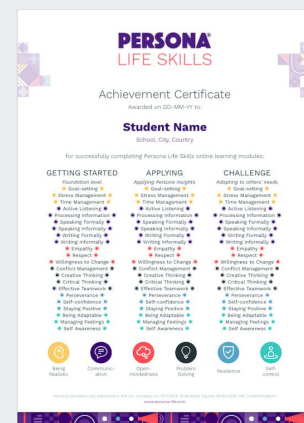
### Learning

- Getting Along With Teachers
- Managing Homework
- Preparing for Exams *...and more*

### Work

- Interview Ready
- Job Choices
- First Job *...and more*

Earn digital certificates to share with colleges or potential employers:



## Students – get started

Ask your teacher for your Group CODE.



Register at [www.persona-life.com](http://www.persona-life.com)

[Privacy Policy](#)



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